Dear UCSB EAP Students,

In this email you will find information about Gaucho FYI, AlcoholEdu and Haven, health & wellness resources, local laws & safety, emergency contacts, and reminders.

We are very excited for you to be here, and we want to help you stay safe. Sharing health and safety information like this is very common at most American universities; it is not meant to alarm you.

Gaucho FYI, AlcoholEdu and Haven

As a new student, you are required by UCSB to complete several workshops called Gaucho FYI, AlcoholEdu and Haven. You should have also received this information by email to your UCSB umail account.

- **AlcoholEdu for College and Haven**, online workshops. Deadline to complete Part 1: **September 11 (this is a correction, the original email incorrectly stated September 22)**. In October you’ll receive an email with instructions to complete Part 2 by October 27.
- **Gaucho FYI**, in-person workshop in October. Registration is open from **September 1-25**. You should have received an email today (8/25) in your umail account with registration instructions.

Please see the [AlcoholEdu for College and Haven & Gaucho FYI PDF](#) for detailed instructions and links. **Missing a deadline may result in a registration block that may prevent you from registering for future courses.**

**Health & Wellness Resources**

If you are having any personal or academic problems, please contact us, we’re here for you. See below for your UCSB EAP Coordinator’s contact information according to your last name, but if it is urgent either coordinator can help:

- Ms Genesis Herrera (last names A-L): genesis@eap.ucsb.edu, 805-893-5735. Drop-in hours in South Hall 2431: Mondays 1:30-3:30pm, Tuesdays 1:30-3:30pm, Thursdays 10am-noon, or by appointment.
- Ms Adrienne Wheeler (last names M-Z): adrienne@eap.ucsb.edu, 805-893-5662. Drop-in hours in South Hall 2431: Mondays 10am-noon, Tuesdays 1:30-3:30pm, Thursdays 1:30-3:30pm, or by appointment.

With Gaucho Health Insurance (GHI) the [Student Health Center](#) on campus will be your primary care provider for any health-related concerns including medical, counseling, prescription, vision and dental services. That means all care must begin at Student Health. Please refer to the Student Health website to learn more about your [GHI coverage](#).

Other UCSB resources that you should be aware of are:

- Wellness Program ([http://wellness.ucsb.edu/](http://wellness.ucsb.edu/))
- UCSB Recreation Center ([http://recreation.sa.ucsb.edu/](http://recreation.sa.ucsb.edu/))
- Women, Gender, & Sexual Equity Department ([http://www.sa.ucsb.edu/women/](http://www.sa.ucsb.edu/women/))
- Resource Center for Sexual & Gender Diversity ([http://www.sa.ucsb.edu/sgd/](http://www.sa.ucsb.edu/sgd/))
- Counseling Services ([http://www.counseling.ucsb.edu/](http://www.counseling.ucsb.edu/))
- Associated Students ([http://www.as.ucsb.edu/](http://www.as.ucsb.edu/))
Local Laws & Safety

Please refer to the Kiosk Student Handbook for tips and information about local laws and UCSB campus resources. Public Safety YouTube videos made by UCSB students are also a good resource for learning about local laws and safety tips.

Alcohol Laws

All students are expected to follow state regulations regarding drinking, meaning no alcohol for anyone under 21 years old.

Laws related to alcohol may be different here than in your home country, and these laws are strictly enforced. Alcohol-related offenses are very serious especially for international students. Besides a heavy fine and possible jail time, alcohol-related offenses are also grounds for deportation and/or denying entry to the U.S. in the future.

In order to purchase any alcoholic beverage (in a bar or supermarket) students must show an identification card (I.D.) with their photo and date of birth on it to prove they are 21 or older. Some may require you to show your passport. Many nightclubs will not admit people under 21, so you must provide your I.D. to enter, regardless of whether you intend to purchase alcohol or not.

Also, it is illegal to carry an “open container” (an open can, bottle, cup or glass of any alcoholic beverage: beer, wine, spirits, etc.) on the streets, parks, and beaches, or as a passenger in a car.

Police are also very strict with students bicycling while intoxicated and the offense is treated as seriously as driving a car while intoxicated.

Isla Vista Safety Tips:

✧ Be aware of your surroundings.
✧ Walk in pairs at night, or utilize the free UCSB Community Service Organization (CSO) escort service on campus and in Isla Vista by calling 805-893-2000.
✧ Call IV Foot Patrol at 805-681-4179 to report crime, or if you notice suspicious, dangerous, or criminal behavior or activities.
✧ Lock your doors and windows; don’t leave valuables in vehicles, and always lock your bicycle.
✧ If you rent in Isla Vista, talk to your property owner or manager about any security concerns on the property. If you need assistance or advice, contact UCSB Community Housing Office at 805-893-4371 or ucsbcho@housing.ucsb.edu.
✧ Don’t invite out-of-town friends to visit you in Isla Vista if you aren’t willing to take responsibility for their behavior.
✧ Don’t allow people you don’t know into your parties.
✧ Be careful near the cliffs along Del Playa where there are unfenced areas in some locations, and make sure your out-of-town guests are aware of the dangers.
✧ Obey the law and local ordinances, including traffic and bike laws.
✧ Sign up for the Emergency Alert System (https://alert.ucsb.edu). Registering with this system will allow University Officials to contact you during an emergency by sending you a text message or email.

Emergency Contacts (put these numbers in your phone)

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Police, Fire, or Medical Emergency</td>
<td>911</td>
</tr>
<tr>
<td>University Police (Non-Emergency Line):</td>
<td>805-893-3446</td>
</tr>
<tr>
<td>Isla Vista Foot Patrol (Non-Emergency Line):</td>
<td>805-681-4179</td>
</tr>
<tr>
<td>Community Service Organization (CSO) escort service:</td>
<td>805-893-2000</td>
</tr>
<tr>
<td>UCSB Student Health Center:</td>
<td>805-893-5361</td>
</tr>
<tr>
<td>UCSB Counseling Services:</td>
<td>805-893-4411</td>
</tr>
</tbody>
</table>
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Reminders

- **Sign up for an EAP Buddy**
  Sign up [here](#) by August 27 to be connected with a UCSB student who can help welcome you to UCSB.

- **Immunization Requirement**
  Submit [online](#) by September 1.

- **Gaucho Health Insurance (GHI) Waiver**
  If you have your own insurance, the deadline to submit a GHI waiver [online](#) without a fee is August 31. You may submit a late waiver until September 14 with a $50 late fee.

- **Secure Housing Before you Arrive**
  Please let us know how your housing search is going. If you have not already, or if your situation changed, please take a minute to complete this [webform](#) now. See the Housing Bulletin email you received on Aug. 4 for instructions and information on finding housing (also linked on our [website](#)).

- **Information & Instructions**
  All of our previous emails are posted on our [website](#).

Best,

Genesis & Adrienne W.