Follow these steps to access your Participants Portal and Predeparture Requirements Checklist.

1. Login to MyEAP. [https://my.uceap.universityofcalifornia.edu/](https://my.uceap.universityofcalifornia.edu/)

2. Click on the profile icon at the top of the page.

3. Click Applications and select your program. This should take you to your Participants Portal.

4. To view your Predeparture Requirements Checklist, click Predeparture and then Requirements (on the left side of the page).

The Predeparture Requirements Checklist shows the items you must complete in order to participate on the program.

Be sure to pay attention to all the deadlines listed. They may not appear in chronological order because of a glitch.

Carefully review instructions provided so you do not end up spending extra time and money correcting mistakes later on.